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# **Neonatal Intensive Care Nursing Exam Review**

## **Course Description**

This course is designed for neonatal intensive care nurses who wish to take the NCC Certification Examination to obtain RNC-NIC designation. The course will focus on core concepts that are essential for caring for high-risk newborns. Course content has been designed specifically around NCC test content outlines and competency statements. Preparation is recommended prior to participation in this course. Recommended study resources, exam outlines and associated competencies can be found online at www.nccwebsite.org.

# **Program Learning Outcomes**

This program prepares the learner to:

- Describe the Neonatal Intensive Care Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

# **Agenda**

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### Day 1, 8:00 am to 5:00 pm

| 0800 | Welcome and Overview                     |
|------|------------------------------------------|
| 0815 | Neurological Conditions of the Neonate   |
| 0900 | Retinopathy of Prematurity               |
| 0945 | Break                                    |
| 1000 | Electrolyte Disturbances                 |
| 1130 | Lunch                                    |
| 1230 | Glucose Metabolism                       |
| 1330 | Parenteral and Enteral Nutrition         |
| 1430 | Break                                    |
| 1445 | Parenteral and Enteral Nutrition (cont.) |
| 1500 | Gastrointestinal Disorders               |
| 1630 | Q & A Session   Practice Questions       |
| 1700 | Adjourn                                  |

# **Agenda**

### Day 2, 8:00 am to 5:00 pm

| 0800 | Welcome and Overview                                |
|------|-----------------------------------------------------|
| 0815 | Neonatal Sepsis and Meningitis                      |
| 0930 | Break                                               |
| 0945 | Genitourinary Disorders                             |
| 1030 | Arterial Blood Gas Interpretation                   |
| 1130 | Lunch                                               |
| 1230 | Respiratory Diseases and Treatments                 |
| 1430 | Break                                               |
| 1445 | Cardiac Assessment and Common Disorders             |
| 1530 | Hematologic Conditions in the Newborn               |
| 1630 | Q & A Session   Practice Questions   Course Wrap-Up |
| 1700 | Adjourn                                             |

## **Accreditation**

#### **RN/LPN: 15 Contact Hours**

Med-Ed, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Med-Ed, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 3215, Iowa/296, California #CEP10453.

If your profession is not listed we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



