



Inpatient Obstetric Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Examination "Inpatient Obstetrics." Elements of the examination will be discussed, followed by a review of the content. Pictures, animation, and graphics will be utilized to enhance the presentation. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client, and postpartum and neonatal assessments. Practice questions will be integrated throughout the content.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 **Understanding the NCC Examination**
Preparing for the Exam | Reference Review

Maternal Factors Affecting the Fetus and Newborn (10-15%)

0900 **Disease Processes**
Hypertension | Diabetes

0930 **Break**

0945 **Disease Processes (cont.)**
Cardiac Disease | Infectious Disease | Blood Disorders | Renal | Hyperthyroidism | Systemic Lupus | Rh Incompatibility

1115 **Pregnancy Risk**
Teratogens | Substance Abuse | Domestic Violence

1200 **Lunch**

Fetal Assessment (5-25%)

1300 **Antepartum Assessment**
Ultrasound | Non-Stress Testing | Contraction Stress Testing | Biophysical Profile | Fetal Movement Counting | Fetal Lung Maturity | Amniocentesis | Chorionic Villus Sampling (CVS) | Cordocentesis | Maternal Serum Screening

1430 **Break**

1445 **Electronic and Non-Electronic Fetal Monitoring**
Fetal Heart Rate Assessment | Acid-Base Assessment

1600 **Adjourn**

Agenda

Day 2, 8:00 am to 4:00 pm

Labor & Delivery (25-30%)

- 0800 **Physiology of Labor**
Uteroplacental Physiology | Theories on Labor Initiation
Labor Management
General Assessment | Stages of Labor | Childbirth Preparation
- 0900 **Obstetrical Procedures**
Version | Episiotomy | Forceps and Vacuum Extraction
- 0930 **Break**
- 0945 **Obstetrical Procedures (cont.)**
Cesarean Birth | VBAC | Induction of Labor and Cervical Ripening

Obstetric Complications (5-25%)

- 1045 **Obstetric Complications**
Dysfunctional Labor | Dystocia | Amniotic Fluid | Placental Problems | Preterm Labor | Multiple Gestation
- 1200 **Lunch**

Postpartum Newborn Care (5-15%)

- 1300 **Postpartum**
Physiologic Changes | Complications | Family Adaptation | Lactation
Newborn
Adaptation to Extrauterine Life | Resuscitation | Gestational Age Assessment | Pathophysiology, Assessment of Newborn Disorders
- 1430 **Break**
- 1445 **Legal Issues (<2%)**
- 1600 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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