# M E D · E D Since 1983

# **Ethnic Variability and Its Impact on Healthcare Delivery**

## **Course Description**

In today's world, international healthcare does not just occur beyond the boundaries placed geographically on our maps. It occurs every day in the practice of our profession—in every hospital, every clinic, every office. Cultural competence is not just a buzzword. It is as much a part of healthcare as anatomy and physiology, pathophysiology, pharmacology and biology. The blending of patient care and anthropology exists to help provide ultimate holistic care. Our focus of care for the patient and his or her significant others must be extended to include values and principles of religious backgrounds and ethnic origins. Healthcare practices are often carried over after emigration or can be enculturated in an individual raised by those who immigrated. Certain standards and moral practices are also woven into the fabric of particular religious sects.

# **Program Learning Outcomes**

This program prepares the learner to:

- Understand that the impact of cultural difference is more than a language barrier.
- Approach patients with different cultural backgrounds with care, understanding and finesse.

### Agenda

Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### 8:00 am to 5:00 pm

- 0800 Welcome and Overview
- 0810 The Phenomenon of Cultural Differences

Definitions | Terminology | All Have Beliefs | Generational Differences | Acculturation | Offensive Labeling | Prejudice and Discrimination | Differing Values | Ethnocentricism vs. Cultural Relativism | Verbal and Non-Verbal Communication | Space | Social Organization | Time | Environmental Control | Biological Variations

0925 Keys to Exploring the Differences

Questions to Help Explore the Issues of Culture with Our Patients | Agencies that Require Culturally Competent Care

- 0945 **Break**
- 1000 Religious Groups

Jewish | Islamic | Amish | Mennonite | Jehovah's Witness

These groups are listed as examples. Content may change based on the area being served by this lecture.

- 1230 Lunch
- 1330 Ethnic Groups

Hispanic | Asian | Russian | African American | Haitian | Appalachian

These groups are listed as examples. Content may change based on the area being served by this lecture.

1445 Break

(continued)

### (continued)

1500 Ethnic Groups (cont.)

1600 Case Studies

1700 Adjourn

### **Accreditation**

### **RN/LPN: 7.5 Contact Hours**

Med-Ed, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This program is also approved by the American Association of Nurse Anesthetists (AANA) and the American Association of Respiratory Care (AARC). Optional Exam Lecture not available for CRNAs and RTs.

Med-Ed, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 3215, lowa/296, California #CFP10453

If your profession is not listed we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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