

# Emergency Obstetrics: Help! There's a Pregnant Patient in my Triage!



## Course Description

Presented in lecture format, this course is designed for emergency department and obstetric nurses to review how the anatomical and physiological changes of pregnancy affect the care of pregnant and postpartum women in an emergency department. The major components include: a review of anatomical and physiological adaptations to pregnancy and the postpartum period; common medical and obstetrical complications that cause pregnant women to seek emergency medical care; triage; trauma; fetal assessment; modifications to BLS, ACLS and ATLS/ATCN algorithms for pregnant patients; and the importance of establishing a collaborative relationship between EMS, the Emergency Department and the Labor & Delivery unit.

## Program Learning Outcomes

*This program prepares the learner to:*

- Describe the anatomical and physiological adaptations of pregnancy and the postpartum period.
- Gain a further understanding of the common reasons obstetric patients seek emergency medical care.
- Identify how triage and emergency nursing assessments and interventions are affected during the puerperium.
- Discuss the importance of collaboration between EMS, Emergency Department and Labor & Delivery.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

- 0800 **Anatomical and Physiological Adaptations to Pregnancy and the Postpartum Period**
- 0930 **Break**
- 0945 **Anatomical and Physiological Adaptations to Pregnancy and the Postpartum Period (cont.)**
- 1015 **Hypertensive Disorders**  
Gestational Hypertension | Preeclampsia | Eclampsia | HELLP | Chronic Hypertension | Hypertensive Crisis
- 1200 **Lunch**
- 1300 **Cardiovascular Disease**  
Angina | Myocardial Infarction | Stroke | Cardiomyopathy | VTE
- 1430 **Break**
- 1445 **Pulmonary Disease**  
Asthma | Pulmonary Edema | Infections
- 1530 **Thyroid Disease**  
Hyperthyroidism | Thyroid Crisis
- 1600 **Adjourn**

# Agenda

## Day 2, 8:00 am to 4:00 pm

- 0800 **Trauma**  
Motor Vehicle Collision | Domestic Violence | Penetrating Abdominal Trauma
- 0900 **Infectious Disease**  
Wound Infection | Mastitis
- 0930 **Break**
- 0945 **Obstetric Hemorrhage**  
Placenta Previa | Abruptio Placentae | Late Postpartum Hemorrhage
- 1045 **Perinatal Loss**  
First Trimester Loss | Intrauterine Fetal Demise
- 1115 **Emergency Delivery**  
Precipitous Delivery | Emergency Cesarean
- 1200 **Lunch**
- 1300 **Collaboration Between EMS, ED and L&D**  
Communication with EMS | Triage | Ongoing ED Care
- 1330 **Modifications to BLS, ACLS and ATLS/ATCN**  
BLS | ACLS | ATLS/ATCN
- 1415 **Break**
- 1430 **Fetal Assessment**  
Ultrasound | Doppler | Electronic Fetal Monitoring
- 1515 **Neonatal Resuscitation**  
Preparation | Initial Steps | Positive Pressure Ventilation | Chest Compressions
- 1600 **Adjourn**

## Accreditation

### RN/LPN/LVN: 13 Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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