M E D · E D Since 1983

CPEN® Exam Review

Course Description

The Pediatric Emergency Nurse serves on the front lines, advocating and caring for children presenting to the pediatric emergency setting. To function effectively in this role, this nurse must be able to quickly and efficiently assess the patient and family, recognize life-threatening challenges specific to the pediatric population and use critical thinking to affect positive outcomes. This course is designed to assist that nurse in meeting the challenge through preparation for the Certification in Pediatric Emergency Nursing Exam.* It also serves as a comprehensive focused review, geared towards delivering challenging topics in a manner that is easy to understand and transfer to the real world clinical scenario.

Program Learning Outcomes

This program prepares the learner to:

- Describe and apply principles of age specific assessment and triage.
- Apply principles of growth and development to care of pediatric patients.
- · Recognize signs and symptoms of common emergencies.
- Perform various tasks related to care of the pediatric patients.
- Describe common mechanisms of injury for pediatric patients.
- Identify and prioritize appropriate nursing interventions.
- Recognize patterns of child maltreatment, abuse and neglect.
- Apply legal concepts of EMTALA, assent/consent, evidence collection and discharge care/instructions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 5:00 pm

Triage

Sick, Sicker, Sickest Concepts | Pediatric Assessment | Triage Acuity Levels | Triage Interventions | Medication Administration | Principles of Decon in Pediatrics

Alphabet Soup

Primary and Secondary Assessments | History Taking and CIAMPEDS | Prioritizing Care | Growth and Development | Developmental Considerations of the Special Needs Child | Pain Assessment and Management | Procedural Sedation | Assessment and Care of the Family

You Take My Breath Away

Technical Skills Related to Airway and Ventilatory Management | Respiratory Mechanical Emergencies | Respiratory Diseases | Respiratory Congenital Disorders

My Child is Burnin' Up

Technical Skills | Fever Management | Hematology and Oncology | Endocrinology | Dermatology | Communicable Diseases | Trauma: Mechanism of Injury

Neonates in a Nutshell

Technical Skills | Thermoregulation | Neonatal Sepsis | Newborn Resuscitation | Congenital Anomalies

Who Ate My Skittles?

Common Toxicologic Emergencies | Toxicologic Treatment Modalities | Heat and Cold Related Emergencies | Burns | Bites and Stings | Submersion and Near-Drowning

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This is NOT My Child

Assess Psychosocial Status and Risk for Violence | Suicidal Ideations and Attempt | Homicidal Ideations and Attempt | Acute Psychosis | Aggressive Behavior | Substance Abuse | Post-Traumatic Stress Disorder

"He Just Fell Off the Couch"

Suspected Abuse, Neglect and Maltreatment | Pattern Injuries | Shaken Impact Syndrome | Munchausen by Proxy | Emotional Abuse | Sexual Abuse and Assault

Day 2, 8:00 am to 5:00pm

My Achy Breaky Heart

Technical Skills | Cardiac Tamponade | Shock | Rhythm Disturbances | CHF| Infections | Kawasaki Disease | Heart Defects

My Noggin

Technical Skills | Shunt Malfunction | Tumors | Herniation | Seizures | Meningitis, Encephalitis | Reyes Syndrome | Stroke | Headache | Head Trauma | Hydrocephalus | AV Malformations

You Put What...Where?

Technical Skills | Foreign Bodies | Hyphema | Ludwigs Angina | Facial and Dental Trauma: Tooth Avulsion

Mommy, My Tummy Hurts

Technical Skills | Obstruction | Intussusception | Volvulus | Hernia–Incarcerated | Pyloric Stenosis | Hirschsprung's | Abdominal Trauma | Appendicitis | Necrotizing Enterocolitis | Gastroenteritis | Dehydration | Fluid and Electrolyte Imbalance | Congenital | TE Fistula | Nutrition | FTT | Formula Intolerance | Obesity

It Hurts When I Tinkle

Technical Skills | Stricture | Ovarian Cyst | Testicular Torsion | Ectopic Pregnancy | Straddle Injury (Male and Female) | UTI | Nephrotic Syndrome | Renal Failure | STD | Vaginal Bleeding | Urethral Valve Disease

Sticks and Stones May Break My Bones

Technical Skills | Traction | Splinting | Fractures | Lacerations | Dislocations | Sprains and Strains | Slipped Capital Femoral Epiphysis | Compartment Syndrome | Septic Joint

Just the Facts

Patient Identification | Specimen Collection | Informed Consent and Assent | Forensic Evidence Collection, Chain of Custody | EMTALA | CISD | Conflict Resolution with Family | Injury Prevention: Promote Patient Safety, Health and Wellness in Community

Certification Exam Prep

Accreditation

RN/LPN/LVN/Other: 15 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, lowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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