

Course Description

This course is designed to review the core curriculum content for the certification blueprint for the Heart Failure certification offered by the American Association of Heart Failure Nurses. By the end of the day, you will have learned the skills and strategies necessary to successfully master CHF N content and exam questions.

Program Learning Outcomes

This program prepares the learner to:

- Describe the CHF N Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 4:30 pm

- 0800 **Welcome and Introduction**
- 0810 **Pathophysiology of Heart Failure**
Causes of Heart Failure | Compensatory Mechanisms | The Dysregulation of the Immune System during Heart Failure | Systolic and Diastolic Heart Failure Definitions | Hemodynamics | Myocardial Remodeling and Pulmonary Vasculature
- 0910 **Key Components in Obtaining a Complete Patient History for the Heart Failure Patient**
Early and Late Signs and Symptoms of Heart Failure | An Organized Approach to Obtaining a Patient History | Components of a Patient's History
- 0940 **New York Heart Association Functional Classification**
Stage I-IV NYHA Classifications
- 0950 **Break**
- 1005 **Physical Assessment**
Basic and Advanced Assessment Skills
- 1105 **The Stages of Heart Failure A-D**
Patient Presentation | Therapies
- 1115 **Diagnostic Tests and Interpretation**
Serum Labs | ECG Monitoring | Imaging | Functional Capacity | Cardiac Stress Testing | Cardiopulmonary Testing | Catheterization
- 1145 **Practice Questions**
- 1200 **Lunch**
- 1300 **Pharmacologic Treatment**
Pharmacological Best-Practice Regimens | Contraindications and Interactions

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- 1345 **Health Literacy and Patient Education**
Health Literacy Assessment Resources | Self-Care Capabilities
- 1430 **Break**
- 1445 **Implantable Cardiac Devices**
Types of Implantable Devices | Patient Eligibility | Risks and Benefits
- 1455 **Advanced Heart Failure Therapies**
Patient Eligibility | Risks and Benefits | Outcomes
- 1505 **Acute Decompensated Heart Failure**
Rapid Patient Assessment Techniques | Treatment Options | Goals | Outcomes Assessment
- 1535 **Comorbidities**
Comorbidities Associated with Heart Failure | Treatment Options
- 1545 **Palliative Care**
Assessing Patients for End-of-Life Characteristics | Patient Resources | Hospice
- 1555 **Transitional Care**
Readmission Rates | Value-Based Purchasing | Challenges | Tools and Innovative Approaches
- 1605 **Practice Questions | Q & A Session**
- 1630 **Adjourn**

Accreditation

RN/LPN: 7 Contact Hours

Med-Ed, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Med-Ed, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 3215, **Iowa**/296, **California** #CEP10453.

If your profession is not listed we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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